

SURGERY NEWSLETTER

December 2022



All of us here at Hastings House would like to wish you a very Merry Christmas. It's been a year of change and a gradual return to a somewhat more normal way of life following the Covid Pandemic. Of which I sincerely hope we never see the likes of again!

Please come and see our Christmas tree outside the Kinton branch on the Kinton Christmas tree trail. The theme this year is all I want for Christmas is.....and we chose, you at our dinner table.

2022 Round UP!

In March the new phone system was installed, linking to our computer system and allowing us to monitor our calls. It has made a massive difference to the reception staff and we hope that you as patients have found it an improvement.

Dr Rintoul-Hoad joined us as a new GP and Amanda Randall and Sarah Hyde became additions to our nursing team. Stephen Nash, is a Physicians Associate and also joined the team in November. He has had some lovely positive feedback so far. Sadly we will be losing Jemma Percy who is moving on to pastures new, and after 25 years and many memories, Dr Whittaker retired in November.

We raised funds of over £250 for Breast Cancer Now, and Jeans for Genes. See us in our Christmas jumpers on the 12th December when we will be fundraising for Save the Children.

Wendy Waters our Wellbeing Navigator was central to the first 'Holiday at Home' working with Walton Community Cares and volunteers. It was so successful in May that they ran a 2nd one in August.

The PCN Wellbeing team are a welcome addition to Hastings House and have become more prominent this year. They come under the headings of Health and Wellbeing Coach, Social Prescriber and Care Coordinator but do not let their titles put you off. They are there to support our patients with their general wellbeing above and beyond what the Doctors can do.

We also have the recent addition of Mia. She is an active mind practitioner from the charity Mind, funded by the PCN, she has been hugely successful so far and a very positive extension to our non clinical services.

The Friends of Hastings House Charity was born earlier in the year. They already fund Wendy Waters role but their aim is to provide funds and equipment not currently provided by the NHS. Watch this space in January for an update on them, what they have achieved so far and how you can help.

If you would like to buy a raffle ticket then please pop into the surgery. The raffle will be drawn on Thursday 22nd December.

FRIENDS OF
HASTINGS HOUSE



Christmas



A Luxury Christmas Hamper
2 tickets to Warwick Castle

£1
a ticket

Dispensary news

Your **Novo Nordisk** pens can now be **recycled!** Please ask at the dispensary for more information.

PenCycle



Staff Training dates 2023

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Wednesday 18th January
- Thursday 16th February
- Wednesday 22nd March
- Thursday 20th April
- Wednesday 10th May
- Thursday 29th June
- Wednesday 20th September
- Thursday 12th October
- Wednesday 22 November

Out of hours info will be available on our phone system.

Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Don't forget to order your medication in plenty of time for Christmas! The dispensary is always really busy in the run up to a holiday so please allow 7 days before collecting your medication to ensure that we have it ready for you.



Hastings house will be wearing their jumpers on Monday 12th December to raise Money for Save the Children. Please support us by bringing in your spare change.



Christmas Opening Hours

Friday 23rd December:

Open as usual

Monday 26th December:

Bank Holiday, Closed

Tuesday 27th December:

Bank Holiday, Closed

Wednesday 29th December:

Open as Usual



MERRY CHRISTMAS

From everyone at...

HASTINGS HOUSE
MEDICAL CENTRE



If you require medical advice over the holiday period, please dial 111

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email admin.hastings@nhs.net