

HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER

June 2023



The first official day of summer and the end of May has meant that we are hopefully looking at “flaming June” and some long awaited decent weather. So with the sun coming out, don’t forget your sun cream. UV levels are extremely high at this time of year and it is best to stay in the shade, or covered up, between the hours of 11am and 3pm. Sunburn increases your risk of skin cancer and remember you can burn even when it's cloudy.

FRIENDS OF
HASTINGS HOUSE
supporting your wellbeing

presents

MEET ON THE LEDGE



Sat 8th July 2023

St Peters Church, Wellesbourne

7.45pm (doors 7.15pm)

Tickets £12

available from Wellesbourne Chemist
or 07956 355851

Licensed Bar and Raffle

All proceeds to Friends of Hastings House

“

A folk rock fan's delight
Rock and Reel magazine

An award-winning, festival-storming
thrash morris phenomenon
Ents 24

Big Country in a bar brawl with Thin Lizzy
Stratford Herald

Masterful instrumentation... glorious
harmonies
folking.com

Stunning... powerful material played
with great style and panache
Coventry Evening Telegraph

”

Meet on the Ledge are at St Peters Church on the 8th of July with a concert to raise funds for our charity Friends of Hastings House.

The folk rock band, who takes its name from the Fairport convention hit single, Meet on the Ledge, will be playing a mixture of their own songs and some popular covers.

The Warwickshire band first came together in 1993 and is made up of 4 members with original members Ron Holmes on vocals and guitar, Allen Maslen on lead guitar. As well as Steve Bird and Bo Davies.

So come along and raise funds for Friends of Hastings House, with what promises to be a fabulous evening of good music an interval bar and a summer raffle.

Tickets are available from Wellesbourne Chemist or by calling 07956 355851.

Appointments low down

We have had a lot of requests for hay fever remedies over the past few weeks. Hay fever medication can be purchased over the counter, or dealt with by your local pharmacist. By choosing 1 on our phone system you will be put through to our Pharmacy Referral Service. This service is also available for minor ailments such as coughs/colds, urine infections, acne, vomiting and diarrhoea, constipation, skin rashes, insect bites and stings, ear pain and thrush.....using this service frees up appointments at the surgery for more complex conditions.

We **cannot meet demand for blood test appointments**, we would appreciate it, if those of you that are able to, could have your blood test at the hospital. You can book an appointment online at Stratford or Warwick, you just need to collect your blood form from us at the surgery.

Enhanced Access is available at our surgery every other Saturday plus every Wednesday evening. You can request a routine Doctors appointment at these times as well as access nurse appointments for the following—smear tests, pill and coil checks and advice, dressings (you must bring your own), stitch and suture removal, B12 and depot injections (to be collected beforehand). Please contact reception if you would like to book into one of these appointments.

Look out for the PPG patient survey which will be coming out soon. We value your feedback.

Staff Training dates 2023

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Thursday 29th June
- Wednesday 20th September

Out of hours info will be available on our phone system.



We have had some mixed reviews over our current telephone message and have taken on board your feedback. Unfortunately, option 1 is part of our contract that we need to fulfil and we do appreciate that it is lengthy. The covid information is short term.

The idea of the message is to signpost you to the correct option for your situation so we cannot cut the message down.

We have created a short cut so, so if you know the option that you require please choose this but be aware that our options do change with demand.

As well as our website, did you know that we have a Facebook page and Twitter account?



Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/online consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net