## HASTINGS HOUSE MEDICAL CENTRE

# **SURGERY NEWSLETTER**

**May 2023** 





Please remember that there are 3 bank holidays this month where the surgery will be closed:

#### Monday the 1st, Monday the 8th and Monday 30th May

The eConsult service will be switched off on each Friday before the holiday weekend, at 12pm and will be available again at 8am on the Tuesday following the bank holiday Monday.

**Our carers afternoon** was a roaring success. Thank you to Heidi for all her hard work organising it and thank you to all the volunteers who helped out as well as all the people that gave up their time to run a stall.

If you missed our event but are a carer, please pop into the surgery for the information we handed out and to make sure that you are registered as a carer with us.







You can now book your smear appointments through the NHS App or if you work all day we have evening and weekend appointments available to book by telephoning the surgery.

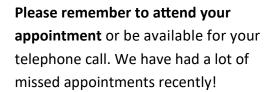


Two women die every day from cervical cancer



Cervical screening is not a test for cancer. It helps prevent cervical cancer by checking for a virus called high-risk HPV. If left untreated, these cells can develop into cancer. Cell changes are easily treated and this prevents cervical cancer.

Protect yourself - attend your cervical screening.



As an example: On Monday 17th April we had 12 nurse appointments that were not attended. These ranged from a 7 minute blood test to a half hour review.

If we have your mobile number you will be sent a reminder text. Doctors telephone calls will be either morning or afternoon. Nurse telephone calls will be within a one hour window.

If you need to cancel an appointment please ring us and leave a message.

## **Staff Training dates 2023**

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Wednesday 10th May
- Thursday 29th June

Out of hours info will be available on our phone system.

### **Useful Contact Numbers**

01789 840245 **Hastings House** Out of hours service 111 NHS Direct 24/7 111 Mental Health Helpline 0800 616 171 Warwick Hospital 01926 495321 **UHCW** 02476 964000

**VASA** 01789 262889

01926 310312

Ambulance Transport

01926 600818 **District Nurse** 

# Make May Purple act FAST

Face – the face may have dropped on one side, the person may not be able to smile, or their mouth or eye may have drooped.

Arms – the person may not be able to lift both arms and keep them there because of weakened or numbness in one arm.

Speech – their speech may be slurred or garbled, or the person may not be able to talk at all despite appearing to be awake; they may also have problems understanding what you're saying to them.

**Time** – its time to dial 999 immediately if you notice any of these signs or symptoms.

Shout out to all our practice nurses and how hard they work.



We have also had a lot of people who have not turned up for blood tests recently. We have a high demand for blood tests and we are having to ask people to attend hospital, so please remember to cancel your appointment if it is no longer needed so that we can offer it to someone else.

#### Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net

We have never had a 3rd page before, but this month we just have so much information that we just had to do it!



If you are aged **75 years and older**, resident in a care home for older people, or aged 5 years and over with a weakened immune system you are eligible for a booster vaccine this spring.

Please **telephone the surgery** and choose **option 9** on our phone system to be put through to the information booking team. There will be two clinics held at the surgery but our reception team cannot book these for you.

For more information visit: https://www.gov.uk/government/ publications/covid-19-vaccination-spring-booster-resources/aguide-to-the-covid-19-spring-booster-2023

**Adults** 75 years and over People aged 5-74 with a weakened immune system

Residents in care

With the sad retirement of Dr Whitaker last year, the surgery has employed two new Doctors. Dr Alison Williams joined us at the beginning of the year and she will be working Mondays, Thursdays and Wednesday mornings. Dr Rebecca Dunn joined us in April and she will be working Tuesdays and Thursdays. We are also pleased to welcome back Dr Hafiz Subhani for another year with us as a registrar.



Support Lucy and Sharon, our practice manager and deputy, on the 20th May when they are walking 26 miles round London, overnight, in their bras to raise money for Breast Cancer. They are walking with a team from the Sports and Community centre, so if you would like to donate, or sponsor the brave walkers then please pop into the surgery or there is a fundraising link on our facebook page.