

## SURGERY NEWSLETTER

### May 2023



Please remember that there are 3 bank holidays this month where the **surgery will be closed:**

**Monday the 1st, Monday the 8th and Monday 30th May**

The eConsult service will be switched off on each Friday before the holiday weekend, at 12pm and will be available again at 8am on the Tuesday following the bank holiday Monday.

**Our carers afternoon** was a roaring success. Thank you to Heidi for all her hard work organising it and thank you to all the volunteers who helped out as well as all the people that gave up their time to run a stall.

If you missed our event but are a carer, please pop into the surgery for the information we handed out and to make sure that you are registered as a carer with us.



You can now book your smear appointments through the NHS App or if you work all day we have evening and weekend appointments available to book by telephoning the surgery.



**Two women die every day from cervical cancer**



Cervical screening is not a test for cancer. It helps prevent cervical cancer by checking for a virus called high-risk HPV. If left untreated, these cells can develop into cancer. Cell changes are easily treated and this prevents cervical cancer.

**Protect yourself - attend your cervical screening.**

Please remember to attend your appointment or be available for your telephone call. We have had a lot of missed appointments recently!

As an example: **On Monday 17th April we had 12 nurse appointments that were not attended.** These ranged from a 7 minute blood test to a half hour review.

If we have your mobile number you will be sent a reminder text. Doctors telephone calls will be either morning or afternoon. Nurse telephone calls will be within a one hour window.

If you need to cancel an appointment please ring us and leave a message.

## Staff Training dates 2023

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Wednesday 10th May
- Thursday 29th June

Out of hours info will be available on our phone system.

## Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

## Make May Purple act FAST

for stroke

**Face** – the face may have dropped on one side, the person may not be able to smile, or their mouth or eye may have drooped.

**Arms** – the person may not be able to lift both arms and keep them there because of weakened or numbness in one arm.

**Speech** – their speech may be slurred or garbled, or the person may not be able to talk at all despite appearing to be awake; they may also have problems understanding what you're saying to them.

**Time** – its time to dial 999 immediately if you notice any of these signs or symptoms.

Shout out to all our practice nurses and how hard they work.



**OUR NURSES.  
OUR FUTURE.**

International Council of Nurses  
International Nurses Day  
12 May 2023

We have also had a lot of people who have not turned up for blood tests recently. We have a high demand for blood tests and we are having to ask people to attend hospital, so please remember to cancel your appointment if it is no longer needed so that we can offer it to someone else.

## Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: [swg-tr.admin.hastings@nhs.net](mailto:swg-tr.admin.hastings@nhs.net)



We have never had a 3rd page before, but this month we just have so much information that we just had to do it!



UK Health Security Agency

## Top up+ your immunity this spring

If you're in one of the following groups, you can take up the **spring COVID-19 Booster offer**

Adults 75 years and over

People aged 5-74 with a weakened immune system

Residents in care homes

If you are aged **75 years and older**, resident in a care home for older people, or **aged 5 years and over with a weakened immune system** you are eligible for a booster vaccine this spring.

Please **telephone the surgery** and choose **option 9** on our phone system to be put through to the information booking team. There will be two clinics held at the surgery but our reception team cannot book these for you.

For more information visit: <https://www.gov.uk/government/publications/covid-19-vaccination-spring-booster-resources/a-guide-to-the-covid-19-spring-booster-2023>

With the sad retirement of Dr Whitaker last year, the surgery has employed two new Doctors. Dr Alison Williams joined us at the beginning of the year and she will be working Mondays, Thursdays and Wednesday mornings. Dr Rebecca Dunn joined us in April and she will be working Tuesdays and Thursdays. We are also pleased to welcome back Dr Hafiz Subhani for another year with us as a registrar.



**LONDON LIVE**  
CLAPHAM COMMON  
SAT 20 MAY 2023

**MOONWALK**  
make every step count.

walkthewalk®  
uniting against breast cancer

**WALK 15 OR 26 MILES**

**25 YEARS OF MOONWALKING**

**27% OF BREAST CANCERS ARE PREVENTABLE**

“Absolutely Fantastic Marathon.”  
- Sabs

“A wonderful experience, raising money for an amazing charity and cause.”  
- Elaine

LOVE WHAT WE DO

Support Lucy and Sharon, our practice manager and deputy, on the 20th May when they are walking 26 miles round London, overnight, in their bras to raise money for Breast Cancer. They are walking with a team from the Sports and Community centre, so if you would like to donate, or sponsor the brave walkers then please pop into the surgery or there is a fundraising link on our facebook page.