

HASTINGS HOUSE MEDICAL CENTRE

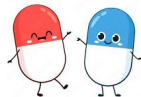
SURGERY NEWSLETTER

May 2024



Don't forget that there are 2 bank holidays this month, **Monday the 6th and Monday the 27th**, where the surgery will be **closed**.

Dispensary News



Please make sure that you have an up to date email address with us. We are now emailing patients when their prescription is ready to collect, rather than texting. Thank you

From the 1st of May 2024, prescription charges will be going up to £9.90 per item.

You can buy a prescription prepayment certificate (PPC) from the NHS which may make your prescriptions cheaper.

If you have been prescribed HRT you can purchase a HRT PPC for the price of 2 prescription charges. This lasts you for one year .

Both of these can be bought by visiting <https://www.gov.uk/get-a-ppc> or telephoning 0300 330 1341

Reception News



econsult

The best way to access help from us is still via the eConsult service. You can access this through the NHS app or by visiting the Hastings house Website.

The eConsult is triaged by trained staff and they are able to ascertain the best course of action, therefor enabling you to see the right person in the right time frame.

This system then means that the reception team can book you an appointment in advance at a day and time that suits you.

There is no need to wait on the phone, you can access our services at any time rather than having to wait until we are open and your query may just need a quick phone call.

Spotlight on whooping cough vaccination in pregnancy

Whooping cough (pertussis) can be very serious for young babies who are too young to start their routine childhood vaccinations. Babies with whooping cough are often very unwell, and many are likely to need hospital treatment as it can lead to pneumonia and permanent brain damage.

If you are pregnant, you can help protect your baby by getting vaccinated – ideally from 16 weeks up to 32 weeks pregnant. If for any reason you miss having the vaccine, you can still have it up until the end of pregnancy. The immunity you get from the vaccine passes to your baby through the placenta and protects them until they are old enough to be vaccinated at 8 weeks old.

Getting vaccinated whilst pregnant is highly effective in protecting your baby from developing whooping cough in the first few weeks of their life.



Dementia Awareness Week

2024

May 13th-19th



It means you can get the practical advice and emotional support you need. You can plan for the future and feel the relief of knowing your next steps. If you're concerned about yourself or someone close to you, we're here to help. Support is just a phone call or click away.

alzheimers.org.uk 0333 150 3456

It's not called getting old, it's called getting ill.

Getting a diagnosis can be daunting, but we believe it's better to know. And so do 91% of people affected by dementia.



Alzheimer's Society

Together we are help & hope for everyone living with dementia

A message from Heidi Williams



Many will remember me as the Practice Community Nurse at Hastings House. In my retirement I wanted to continue supporting the practice in some way - so have taken the role as Chair of the Patient Participation Group (PPG)

The purpose of a PPG group is to promote a patient centred culture within the practice and to work collaboratively with the Practice staff to continuously improve patient services and their experiences within Primary care. For the group to be successful it needs to represent all age groups. We need new members that will bring positive energy, ideas, share enthusiasm and bring varied life skills.

We specifically need people with good admin and IT skills
And members who could represent Children and Young Adults.

If you are interested and would like to discuss further please e-mail me on Hastingshouseppg@gmail.com

Heidi



Staff Training dates

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Thursday 16th May
- Wednesday 19th June

Out of hours info will be available on our phone system

Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net