HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER
December 2025

All of us here at Hastings House would like to wish you a very…..



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Don't forget "Pharmacy First" over Christmas and for that matter at any time…..Your local pharmacy can advise you on minor illnesses, such as coughs, colds, aches and pains and can give you advice on medication, plus they can treat you for the following conditions:

- Acute earache in children
- Acute sinusitis in adults
- Acute sore throat
- Impetigo
- Infected Insect bites
- Shingles in adults
- Uncomplicated urinary tract infections in women aged 16-64

Visit your Pharmacy First!

NHS Providing NHS services

Using Pharmacy First frees up doctors and nurse appointments for more serious conditions. It is an NHS initiative that makes it easy for you to get healthcare advice and treatment for common conditions through your local pharmacy. No need for a GP appointment or prescription!

You can book an appointment with a pharmacist by telephoning them or simply just walking in (you may have to wait) and many pharmacies have an online booking system on their website.

A list of pharmacies open on the bank holidays will be posted by the surgery door and on Facebook.



Support Friends of Hastings House this Christmas.

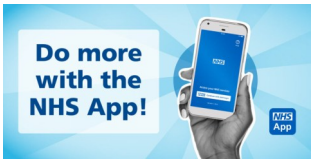
Pop down to the surgery to buy a ticket.

Want to know more about the charity and how you can help. Visit their web page.

https://friendsofhastingshouse.co.uk/

FRIENDS OF HASTINGS HOUSE supporting your wellbeing

HASTINGS HOUSE MEDICAL CENTRE



Do you need help with the NHS App?
Would you like help getting started? Or do you need support with how it works? On Friday 23rd January we have bookable appointments with our digital champions who can answer all your questions. Please telephone the surgery to book in.

Staff Training dates 2026

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Thursday 22nd January
- Wednesday 25th February
- Thursday 12th March
- Wednesday 19th April
- Thursday 21st May
- Wednesday 17th June
- Wednesday 23rd September
- Thursday 15th October
- Thursday 26th November

Out of hours info will be available on our



Hastings House will be wearing their jumpers on Thursday 11th December to raise Money for Save the Children. Please support us by bringing in your spare change.

Dispensary news

Sadly we are no longer able dispense for any patients who live in Wellesbourne, Kineton or Little Kineton. There has always been a rule that if you live less than a mile from any chemist then you are not allowed to use our dispensing service.

It has been highlighted to us that with Wellesbourne Chemist's location move a few years ago it has affected our boundary for dispensing. If this affects you we will be in contact . Please continue to contact us with your medication queries and order your medication as normal.

Please don't panic because we are closed over Christmas, just ensure that you order your repeat prescription as normal, leaving us 5 working days to process your request and we will have your medication ready for you to collect.

Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email swg-tr.admin.hastings@nhs.net