HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER

January 2026



The Friends of Hastings House are running a session for those patients newly diagnosed as "Pre diabetic" on Wednesday the 21st of January at 7pm. The session is by invite only for people who have had a high HBA1C within the last 3 months. Please let us know if you feel that you have been missed.



FRIENDS OF HASTINGS HOUSE

supporting your wellbeing

The friends raised an amazing £1368.62 with their Christmas raffle. The winner was Mrs Sheridan.



Can we say a huge thank you to all who donated items, our fantastic team of volunteers & reception staff for helping sell tickets & of course all those who bought tickets, or chocolates or cards.





To download the NHS App, scan here

Do you need help with the NHS App? Would you like help getting started? Or do you need support with how it works? On Friday 23rd January we have bookable appointments with our digital champions who can answer all your questions, please telephone the surgery to book in.

The NHS App is becoming more and more important as a tool to access your healthcare. As well as being able to order repeat prescriptions and see test results and consultations from your GP surgery, you can access hospital letters, retrieve messages, view waiting lists and referrals and see upcoming and past appointments with your GP and hospital.

HASTINGS HOUSE MEDICAL CENTRE

Save lives Give blood

Giving blood saves lives and it is always in high demand.

Many people would not be alive today if it wasn't for blood donors. They need around 5000 donors a day to meet demand. Help save more people by signing up to donate

What happens when you donate

Giving blood is quick and easy:

- the donation itself takes about 10 minutes
- the whole visit takes about an hour
- you'll be welcomed with a drink and looked after throughout

Blood is made up of a number of components, including red blood cells, platelets and plasma. Each of these can be used to treat many different conditions, such as anaemia, cancer, blood disorders, and those having surgery.

Hastings house staff will be wearing **red** on Tuesday 20th January to raise awareness of the need to donate blood. To register visit https://my.blood.co.uk/sign-up/

Staff Training dates 2026

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Thursday 22nd January
- Wednesday 25th February
- Thursday 12th March
- Wednesday 29th April
- Thursday 21st May
- Wednesday 17th June
- Wednesday 23rd September
- Thursday 15th October
- Thursday 26th November

Out of hours information will be available on our phone system.

Patient Participation Group Survey

Last shout to complete the survey. Simply scan the QR code with your phone to get started. Or alternatively use the link to the survey.

https://forms.gle/JM3cKYFBsa7Bauri8



Thank you to everyone who sent us best wishes cards and chocolates for Christmas. We appreciate the recognition of what we do.

Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Wellbeing Line	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net