HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER

January 2025



If you would like a colour copy of the newsletter delivered straight to your email inbox then please let the surgery know. There are a few email addresses that it is sent to that don't seem to work, so if you think you should be getting a copy and aren't, then please also let us know.

FRIENDS OF HASTINGS HOUSE
supporting your wellbeing



Thank you to everyone who bought tickets for the Friends of Hastings House Christmas Raffle. They raised a whopping £600!!!

Mary who is a patient, drew the winning ticket out for a Mr Rex Tedd, pictured here with his prize.

The raffle would not have been the huge success it was without the Friends volunteers and staff at Hastings House selling tickets, so a shout out and thank you to all of them.

Are you a carer?

A carer is anyone, including children and adults who looks after a family member, partner or friend who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without their support.

If you are a carer, please let us know by filling in the form on out website or popping into the surgery.

We have lots of information and support available from finance and law to respite and support groups and our carers champion Alison will be on hand to help.



Don't ignore your cervical screening invite

Screening saves lives Help us help you

January is Cervical Cancer Awareness Month

- 3,200 women are diagnosed with cervical cancer in the UK alone every year
- Cervical cancer is the fourth most common cancer in women globally
- Incidence is highest amongst women aged 30-35
- Untreated HPV infection causes around 95% of cervical cancer cases
- Cervical cancer can be cured if diagnosed at an early stage and treated promptly. The earlier the cancer is found, the easier it is to treat
- In the UK, 1 in 4 people don't attend their cervical screening test

Please don't delay your screening, if you are nervous our nurses are lovely and will talk you through the whole process. If you have had past issues then let them know. They know how many lives this saves and will be there to support you.

HASTINGS HOUSE MEDICAL CENTRE

Dispensary News

We are always reviewing our processes in the dispensary and looking at ways to improve our service. If we dispense your medication for you we would love your feedback. Please pop into the dispensary and fill in our dispensary survey.



Last year we introduced an email service to advise you when your prescriptions are ready and many have expressed their thanks for this. In addition to this, this year we are installing a collection point machine. This will be at the front of the building. It will give you access to your dispensed prescriptions 24/7.

Most prescriptions will be available to collect from our Medpoint machine, however, fridge lines and some controlled drug prescriptions will still need to be collected from the dispensary.

Once we have dispensed your prescription you will receive a unique collection number by text. This can be typed into the keypad on the machine and your prescription bag will appear before your eyes!

We hope this will make the dispensary more efficient and improve access for you.

The wonders of the NHS App.

We would love you to make it your New Years resolution to download the NHS app to order your prescriptions. It is the safest and most efficient way to order your repeat medication; You can order them at any time of the day or night; you get a notification to say when they have been approved; you then just need to leave it a few days before you collect your medication from your nominated pharmacy. Plus you have the added bonus of being able to see your medical record, including vaccinations, letters, blood test results and previous appointments.

To download the NHS App, scan here

Staff Training dates 2025

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Wednesday 29th January
- Thursday 27th February
- Wednesday 19th March
- Thursday 10th April
- Wednesday 21st May
- Thursday 12th June
- Wednesday 17th September
- Thursday 16th October

Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net