HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER

March 2026



Spring has sprung and hay fever season has started again. Please see your local pharmacist for hay fever remedies, they can advise you what to try and even the stronger medication is now available over the counter.

RSV Vaccine

From the 1st of April the RSV vaccine will be available for those aged over 80 (previously the age limit was 79)

RSV or Respiratory syncytial virus is a common but highly contagious virus causing mild cold like symptoms but can cause more serious illness in young children and older adults, like bronchiolitis or pneumonia.

We will be running clinics so please telephone the surgery to book your appointment.

Make sure we can identify you

If you are leaving paperwork at the surgery please make sure it has your **full name, date of birth and 1st line of your address,** to ensure that we can identify who it belongs to.

We have recently had several items left at reception for us to action, eg. letters, referral requests, blood pressure readings and prescription requests that have no name on!!.....Are you one of those people?

If you have not heard from us when you think you should have, please pop in and check.

POP UP SHOP

CLOTHES • ACCESSORIES • HOMEWARE

Tuesday 24th March
10:30am - 5:30pm
Wednesday 25th March
9:30am - 3pm

Ilmington Village Hall
Front Street, Ilmington, CV36 4LD

New and pre-loved designer & high-street clothes, shoes and accessories alongside books, homeware and cosmetics, all at fantastic prices!



FREE ENTRY



For further information please email
fundraising@shipstonhomenursing.co.uk
or call 01608 664 850

www.shipstonhomenursing.co.uk Registered Charity No. 1162586

HOSPICE CARE AT HOME

Shipston Home Nursing provides palliative and end of life nursing care, enabling patients to remain in the comfort of their own homes following the diagnosis of a terminal illness.

Our hospice at home care is provided FREE of charge to adults in Shipston, Kineton, Bidford, Wellesbourne and surrounding villages, as shown on the map below. Our services include nurse-led symptom control and pain management, respite sits, personal care and emotional support for patients and their families.

We accept referrals directly from patients or from their families and carers, GPs or other health professionals.

For further information please visit: www.shipstonhomenursing.co.uk or call us on: 01608 664 850



Registered Charity No. 1162586

HASTINGS HOUSE MEDICAL CENTRE



FRIENDS OF HASTINGS HOUSE
supporting your wellbeing

Support our wonderful charity and pop down to the surgery to buy a ticket. The charity is completely run by volunteers who spend their own time raising money to fund equipment and services that the NHS would not otherwise provide. All to benefit YOU the patients of Hastings House.

Staff Training dates 2026

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Thursday 12th March
- Wednesday 29th April
- Thursday 21st May
- Wednesday 17th June
- Wednesday 23rd September
- Thursday 15th October
- Thursday 26th November

Out of hours information will be available on our phone system.



Brain Tumour Research

March is Brain Tumour Awareness month. One in three people in the UK knows someone affected by a brain tumour. This disease is indiscriminate; it can affect anyone at any age. What's more, brain tumours continue to kill more children and adults under the age of 40 than any other cancer yet, to date, just 1% of the national spend on cancer research has been allocated to this devastating disease since records began in 2002. Staff at Hastings House will be wearing our hats on Friday 27th March to raise awareness of this charity and the important research that they do into finding a cure for Brain Tumours. Join us and wear your hat!

Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Wellbeing Line	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net