HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER

September 2025



We are really pleased to welcome back the **newly wed** Dr Popat. Some of you will remember him from his placement with us last year. Dr Popat has a special interest in dermatology and will be with us for the next 2 years working 6 sessions a week.



September brings the first day of Autumn and with it the flu and covid vaccinations. We will be starting this month with vaccines for pregnant women and children (those aged between 2 and 3 years or those in a clinical risk group aged 6 months to 18 years)

Everyone else eligible will be invited to book in from October. As usual we are hosting our drop in session in the village hall alongside our health and wellbeing day. This will be on Friday 10th October from 9am until 4pm and anyone eligible is welcome.

A reminder of Flu vaccine eligibility;

Those aged 65 years and over;
Those aged 18 years to under 65 years in clinical risk groups;
Those in long-stay residential care homes;
Carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person;
Those in close contacts of immunocompromised individuals;
Frontline workers in a social care setting without an employer led occupational health scheme.

We are unsure if covid vaccines will be available at the same time as the flu but we will keep you posted. Eligibility for covid is slightly different to flu and only encompasses adults aged 75 years and over; residents in a care home for older adults and individuals aged 6 months and over who are immunosuppressed.

Cervical Screening IMPORTANT notice

From **September 2025**, the NHS Cervical Screening Programme will begin sending **digital results directly through the NHS App**.

How the new system will work

- If your result is **negative**, you will receive it through the **NHS App**.
- A notification will appear in your NHS App inbox.
- If you don't read the message within 72 hours, a letter will still be sent to you by post.
- If your result is **abnormal**, you will continue to receive a letter by post.



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Jeans for Gene's week runs from the 15-21st September. This extraordinary charity raises awareness of the daily challenges faced by those living with a genetic condition and the Jeans for Gene's yearly fundraiser raises money to try to ensure every individual, and their families, can access the right support at times when it's needed most. Hastings House are joining in the 30th year celebration on Thursday 18th September "Wearing our Jeans to Change Lives." For more information visit jeansforjeans.org.

Staff Training dates 2025

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Wednesday 17th September
- Thursday 16th October
- Wednesday 26th November

Out of hours info will be available on our phone system.

Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Dispensary News

If you have a medication or prescription query/order then please only call us between 12 and 1pm when the dispensary lines are open. We are extremely busy and this time is set aside for us to address any issues.

The easiest and safest way for you to order medication is using the NHS app. Alternatively, there is a form on our website or you can email swg.tr-prescriptions.hastings@nhs.net. **Please DO NOT approach the counter to order medication** it is unsafe and extremely time consuming for us.

Please remember to allow 5 working days when ordering repeat prescriptions. We do often have them ready sooner but unless it has been 5 days then please don't ask us on the "off chance" that it is ready, you will be sent an email/text once it is ready to collect.

Although we can often make a request for the re-issue of a medication, rather than you having to see a clinician, we cannot request a re-issue of an acute medication that is a controlled drug or one that was issued over 3 months ago. You will need to book a telephone call with the clinical Pharmacist.

To download the NHS App, scan here

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It is really important that we have your up to date contact details and that you let us know if you move house. There is a change of personal details form on our website, found under the reception enquiries button, or you can pop into reception.

A mobile number is especially important so that we can text you appointment reminders, invite you for health review/vaccinations or let you know if an appointment has to be cancelled etc

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net